



Is Occupational Health Nursing Right For You?

Occupational Health Nurses work in a variety of workplace settings. The following skills and abilities will contribute positively to a successful career choice:

- ✓ Like working independently
- ✓ Make nursing decisions with confidence
- ✓ Possess critical thinking skills
- ✓ Comfortable working out of scope (without union membership)
- ✓ Possess some familiarity with business processes
- ✓ Understand principles of business management
- ✓ Comfortable working with computers and technology
- ✓ Engaged in continuing education and research
- ✓ Enjoy change
- ✓ Take the initiative in creating and developing programs
- ✓ Like to educate or train others
- ✓ Understand principles of confidentiality of health information
- ✓ Enjoy a high level of interaction with workers
- ✓ Initiate interaction with external customers/resources
- ✓ Comfortable working with union representatives