

Identify the Benefits

To make the case for attending the 2024 AOHNA Conference, you'll have to demonstrate the elements of the program that will meet your company or organizations' specific needs. Fill out the right column with session titles and descriptions or other conference offerings like the exhibit hall and networking opportunities.

Your Company's Need	Conference Offering that Meets Need
Knowledge of recent developments in technology	
Integration of evidence-based practice and nursing research into clinical practice	
Improved patient care	
Identification and implementation of best practices from around the country	
Awareness of new products and services in OHN	
Demonstrating return on investment of workplace well-being initiatives	



Calculating Expenses

Your proposal to attend the AOHNA Conference should include the anticipated cost to your organization. Completing the following worksheet will help you identify common expenses associated with attendance.

Select Your Registration Type

Registration Type	Early Bird Pricing	Regular Pricing
AOHNA Member	\$350 + GST	\$450 + GST
Non-Member	\$575 + GST	\$675 + GST
New Member Bundle (Registration + Membership)	\$510 + GST	\$610 + GST
Travel Costs		
Accommodation Costs	\$139 + Taxes	

Email Template

To: *<manager name>*

From: *<your name>*

Date: *<insert date>*

Subject: Attending the 2024 AOHNA Conference

Dear *<manager name>*,

As an OHN professional, I'm committed to enhancing my practice and staying up to date on industry changes so that I can best serve our organization. The 2024 Conference of the Alberta Occupational Health Nurses Association (AOHNA) is one of the ONLY relevant education and professional development opportunities to do just that. As the premier educational event for OHNs in the country, the conference is also an unmatched opportunity to tap into the expertise of fellow professionals and share best practices with colleagues in similar work environments.

With interactive educational sessions on topics such as employee wellness, leadership, and case management, I have the opportunity to earn Professional Development credits by attending the full conference. All that in just two days, meaning less time away from the office and the opportunity to meet requirements for maintaining my professional competency requirements. In addition, I will share what I learn with my colleagues in occupational health nursing.

<What topics and/or sessions you want to attend and why; include how this information will be shared with your colleagues after the conference.>

I am seeking *<your company>*'s support for registration expenses for the 2024 AOHNA Conference. I understand my attendance at the conference is an investment of both time and money, so I have outlined the anticipated expenses of attendance.

The cost to attend the conference is *<insert registration rate based on the category of your choice.>*

The specific benefits to our facility resulting from my attendance at the AOHNA Conference are substantial, making this an appropriate use of our education budget and my time away from work.

I appreciate your consideration of my request. If further information is needed, please let me know.

Sincerely,
<your name>



AOHNA
ALBERTA OCCUPATIONAL
HEALTH NURSES ASSOCIATION

2024 CONFERENCE

The Changing Landscape of Occupational Health & Safety

June 14 & 15, 2024 | Edmonton | 8 am to 5 pm
Delta Hotels Edmonton South Conference Centre



www.aohna.org E: coordinator@aohna.org



EVENT PROGRAM

FRIDAY, JUNE 14, 2024

Registration & Breakfast	7:45 AM - 8:15 AM
Opening Remarks	8:15 AM - 8:30 AM
Keynote: Where Occupational Health Nursing Goes From Here	8:30 AM - 9:30 AM
Break	9:30 AM - 10:00 AM

Breakout Room 1

Breakout Room 2

Advancements in Fitness for Duty Screening	Heat Stress Awareness & Prevention	10:00 AM - 11:00 AM
Medication Madness - Impairing Medication Use and Fitness for Duty	Illuminating the Path: Proactively Remove Barriers and Inclusively Support Transgender Individuals	BREAK
		11:30 AM - 12:30 PM

Annual General Meeting & Lunch	12:30 PM - 1:30 PM
Break	1:30 PM - 2:00 PM

Breakout Room 1

Breakout Room 2

Navigating Eye Health & Safety in Today's Workplace	Having Courageous Conversations and Building Trust	2:00 PM - 3:00 PM
Change Highlights: Noise Exposure - Part 16 of the OHS Code	Building Workplace Resiliency	BREAK
		3:30 PM - 4:30 PM

Wine & Cheese Networking	4:30 PM - 6:00 PM
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EVENT PROGRAM

SATURDAY, JUNE 15, 2024

Breakfast		7:45 AM - 8:15 AM
Special Keynote: Bidding To Be Your Best		8:30 AM - 9:30 AM
Break		9:30 AM - 10:00 AM
<u>Breakout Room 1</u>	<u>Breakout Room 2</u>	
Psychological Injuries in the Workplace	Healing Minds – Protocols for Alleviating Persistent Symptoms of mTBI, ADHD and Trauma	10:00 AM - 11:00 AM
		BREAK
		11:30 AM - 12:30 PM
Lunch		12:30 PM - 1:30 PM
Break		1:30 PM - 2:00 PM
<u>Breakout Room 1</u>	<u>Breakout Room 2</u>	
Strategic Approach to Fatigue Risk Management	Complex Disability Case Management: Unravelling Our Role	2:00 PM - 3:00 PM
		BREAK
		3:30 PM - 4:30 PM
Closing Remarks		4:30 PM - 4:45 PM



KEYNOTE PRESENTER



Shelley Bischoff

Friday Keynote:

8:30 am - 9:30 am

***Occupational Health Nursing in the
Modern Workplace: Growing Forward
from Here***

The evolution of occupational health nursing has been profound, reflecting changing workplace dynamics, advancements in healthcare, and shifts in societal priorities. Primarily focusing on a holistic approach that encompasses disease prevention, health promotion, and illness/injury management, occupational health nurses play a crucial role in safeguarding the health and well-being of workers.

As the landscape of occupational health evolves, there is a pressing need to reassess the nursing model. This entails critical self-reflection, ensuring professional autonomy, fostering stable lines of research, nurturing a culture of competency development, and increasing our capacity to contribute. The keynote session will highlight current global research on the evolving speciality practice of occupational health nursing and highlight how we can proactively elevate our vital role, effectively adapt to the new socio-occupational reality, and provide expert, quality care that meets the emerging needs of both employers and employees in today's dynamic workplaces.

Shelly Bischoff, RN, OHNC, COHN(C), CPHR CHSC

Shelly Bischoff brings a wealth of experience and expertise to the field of occupational health consulting. With almost three decades of experience, Shelly has established herself as a consultant, speaker, educator, and facilitator supporting workplaces. Her diverse skill set, encompassing roles such as a Registered Nurse, Canadian Certified Occupational Health Nurse, Canadian Chartered Professional in Human Resources, Certified Health & Safety Consultant, and CMHA Psychological Health & Safety Practitioner, and Fearless Certified Practitioner, showcases her commitment to a holistic approach to workplace well-being. Shelly's passion lies in creating conditions for psychological safety to foster high-performance collaboration within organizations. She specializes in occupational health, psychological health and safety, and cultural engagement, addressing the unique needs of each workplace.



KEYNOTE PRESENTER



Layne

Saturday Keynote:

8:30 am - 9:30 am

Bidding To Be Your Best

In *Bidding To Be Your Best*, Layne demonstrates how to take the first step towards doing what you love. They give audiences insight into what it takes to overcome fear of failure, fear of adversity and how breaking stereotypes will lead you to greatness. With intelligent humour, emotionally charged storytelling and an educational lens, Layne draws listeners into their life experience. They unabashedly challenge the audience to dismantle their perceptions and beliefs about the meaning of success and societal expectations.

Layne is an extraordinary force on a mission to create a more inclusive, accepting, and compassionate world. With captivating speeches delivered with unwavering authenticity, they advocate for empathy and unity, leaving a lasting impact. Layne takes participants on a compelling journey of self-discovery. By stimulating open dialogues and breaking down barriers, Layne fosters understanding, while providing support and education for 2SLGBTQ+.

*Layne's brilliant speaking skills ignite change. By granting ourselves permission to fail and then taking action, we create the change that is possible. Driven by an unyielding commitment to dismantling prejudices and fostering understanding, Layne's infectious energy and deep-rooted belief in human potential have already touched countless lives. An advocate for social impact, their work as *The Auctionista* has raised over \$40 million for charity. They champion the idea that no challenge is insurmountable, and no dream is unattainable. Prior to becoming Canada's Top Fundraising Auctioneer and creating a powerhouse company, Layne successfully pivoted from working as a Financial Advisor to Director of Development at an Ontario-based charity. Through their determination and perseverance, they decided to take the leap and reinvent the role of auctioneer.*

Now, Layne is one of the most coveted and respected auctioneers and keynote speakers in the fundraising space, with a sparkling reputation for personal storytelling that connects. Layne is continually moving the dial on philanthropy and making communities across the globe stronger.

Layne's unique blend of passion, authenticity, and unwavering dedication sets them apart as a catalyst for positive change, inspiring others to join them on their journey toward a more accepting and compassionate future, where success has no barriers.



FRIDAY PRESENTER



Randal Roberts

Friday, June 14, 2024 - Room 1

10:00 am - 11:00 am

Advancements in Fitness for Duty Screening

The increasing utilization of medicinal cannabis, the legalization of recreational cannabis and the popularity of edibles has added challenging new dimensions to traditional methods of drug detection. The “National Cannabis Survey” published by Statistics Canada reported that over half a million current cannabis users acknowledge they have consumed cannabis before or during work.

Daily Fitness for Duty screening has the potential to balance worksite safety requirements while at the same time respecting worker privacy. It does this by generating real time workforce data as opposed to looking back in time at past activities and trying to infer impairment. Fitness for Duty screening is a proactive approach to safety that identifies potential problems that you can act on now instead of looking back at lagging indicators. This session will introduce AOHNA members to the SafetyScan Fitness for Duty Screening System, a fast, non-invasive screener that is sensitive to impairment by alcohol, drugs (prescription/OTC/recreational/illicit), and cognitive fatigue.

JRandal Roberts

Biography coming soon!



FRIDAY PRESENTER



Jonathan McCallum

Friday, June 14, 2024 - Room 2

10:00 am - 11:00 am

Heat Stress Awareness & Prevention

Heat Stress Awareness and Prevention have moved up the ladder of workplace safety priorities in recent years. The increased attention has led to new technologies for personal and area measurement, clothing designed for increased airflow, cooling, and shade & new hydration solutions. This session aims to explore trends, technology development, and tools available to Canadian workplaces to understand heat-related risks and minimize their impact on your employees.

Heat stress happens when your body loses its ability to self-regulate its temperature. It's a condition caused by a buildup of body heat generated by several factors, including the environment, physical effort, existing health and acclimatization of the worker, and the clothing and equipment the worker is wearing.

Working in hot environments for a prolonged period can drive your internal body temperature several degrees above the average temperature of 37°C, which overwhelms the body's natural cooling systems. This is when danger occurs.

Jonathan McCallum – Market Segment Manager - Occupational Health & Hygiene, Levitt-Safety Limited

Jonathan has developed a 25-year career working with customers across Canada to solve their fire, safety, and environmental challenges. His interest in the answer to “How do you measure that?” led him early to solutions for the measurement of many occupational hazards. In his current role, he searches for and evaluates new products and technologies to bring to the Canadian Market, develops marketing and business strategy, while coaching and training a national sales team on applications and solutions with Occupational Health and Hygiene products and services.



FRIDAY PRESENTER



Dr. Jonathan Davids

Friday, June 14, 2024 - Room 1

11:30 am - 12:30 pm

***Medication Madness - Impairing
Medication Use and Fitness for Duty***

In my talk titled "Medication Madness - Impairing Medication Use and Fitness for Duty," I discuss the relationship between commonly prescribed medications and their impact on workplace safety and employee impairment. Through an extensive review of the latest literature, I shed light on the inherent risks associated with medication use in professional settings

In addition, I address the pressing challenges that employers and employees face in managing prescribed medications within the workplace. I propose practical strategies and interventions aimed at mitigating and effectively managing the risks posed by prescription medication. By fostering awareness and implementing tailored solutions, we can strive towards ensuring a safer and more productive work environment for all.

Dr. Jonathan W. Davids, MD, CCFP, FCFP, CCBOM, MRO (AAMRO), Dip. Sport Med, CD

My job as DriverCheck's Corporate Medical Director is to oversee all medical services offered to our clients, and to lead our physicians, nurses, and staff in our Occupational Health and Alcohol & Drug Results departments who deliver these services. I'm an avid traveller and in my spare time, I love travelling to different parts of the world with my family on vacations. I also love riding my motorcycle on twisty roads on hot summer days, fair-weather sailing, photography, and playing with my dog, Charlie, an Olde English Pocket Beagle.



FRIDAY PRESENTER



Kiersten Mohr

Friday, June 14, 2024 - Room 2

11:30 am - 12:30 pm

illuminating the Path: How to Proactively Remove Barriers and Inclusively Support Transgender and Gender Diverse Individuals

In this session, Kiersten will begin by sharing a glimpse of her personal story and experience navigating gender transition in her personal life and as a senior leader in the oil and gas industry. She will reflect on the valuable lessons learned, particularly emphasizing the profound realization that the challenges she faced were not solely due to being transgender but were rooted in the pursuit of authenticity—a universal struggle that she now believes is the common thread that unites us all.

Additionally, Kiersten will share her perspective on how we all can become beacons of support and help illuminate a path for transgender and gender non-conforming individuals in a time when that path can seem uncertain, unsafe, and frightening. With the backdrop of current political dynamics and ongoing challenges related to transgender inclusion and gender-affirming care in our province, she aims to equip participants with information, resources, and perspectives to enhance their skills and comfort in advocating for and supporting this community.

Kiersten Mohr BSc., B.A., M.A. (Psych)

In 2017, after fifteen years as a geologist and senior leadership professional in the Energy Industry, Kiersten embarked on the most significant challenge of her life: gender transition. Gender transition was life-changing in many ways. Kiersten's publicly authentic and vulnerable approach to her transition allowed her to see how authenticity in the workplace could build connection and synergy with her colleagues. Additionally, as Kiersten moved from a dominant to a non-dominant group while maintaining a corporate leadership role, she discovered many insights about improving equity, diversity, and inclusion in professional spaces. As she continued her corporate career, Kiersten found new motivation to engage in a more meaningful life through volunteering in the community and educating herself with a Bachelor of Psychology.



AOHNA
ALBERTA OCCUPATIONAL
HEALTH NURSES ASSOCIATION

2024 CONFERENCE

The Changing Landscape of
Occupational Health & Safety



ANNUAL GENERAL MEETING FRIDAY, JUNE 14

12:30 pm to 1:30 pm
Lunch will be served



FRIDAY PRESENTER

Friday, June 14, 2024 - Room 1

2:00 pm - 3:00 pm

*Navigating Eye Health & Safety in
Today's Workplace*



Natalie Chai

Each day, more than 700 Canadian workers sustain an eye injury at work, resulting in temporary or permanent vision loss and costing millions in lost productivity. Using proper eye protection on the job could prevent 90% of eye injuries from occurring. The Alberta Association of Optometrists, through its Eyesafe™ program, will deliver a presentation focused on keeping workers' vision safe in today's workplaces.

Learn what you need to know about digital eye strain, the impact of sun exposure, and common workplace dangers, such as welder's flash, foreign body, chemical splash, blunt trauma, and corneal burn. Find out how to avoid injuries, including best practices and provincial safety standards. Learn about correct frame requirements for the task, the latest lens technology for better eye protection and the importance of a perfect fit to an individual's face. Learn how to respond to workplace eye injuries and how an optometrist can help with your urgent care needs.

Dr. Natalie Chai, BSc., OD, FCCSO

Dr. Natalie Chai is the owner/optometrist of Trifecta Optometry opened in August 2023. Dr. Chai attended the University of Alberta before attending Pacific University College of Optometry in Forest Grove, Oregon, where she earned her joint Bachelor's Degree in Vision Science and Doctor of Optometry. She successfully completed the Canadian Assessment of Competence in Optometry (CACO) as well as the National Board of Examiners in Optometry (NBEO) in the United States and is a Fellow of the Canadian College of Specialties in Optometry. Her practice is focused on Dry Eye Disease, Myopia Management, and Specialty Contact Lenses - these are specialties that are under-represented and under-used in the Edmonton region. Dr. Chai is happy to serve the community, co-manage with other health professionals, and help educate and empower her colleagues who seek to do the same.



FRIDAY PRESENTER



Lin Yu

Friday, June 14, 2024 - Room 2

2:00 pm - 3:00 pm

Having Courageous Conversations and Building Trust

Building strong, trusting relationships is a fundamental aspect of psychological health and safety that supports the success of many other workplace psychosocial factors. Teams that trust each other can benefit from higher employee engagement and improved work outcomes. Skills for building trust can also empower leaders to more confidently manage workplace change and make difficult decisions. One of these skills is navigating courageous conversations.

This workshop provides a valuable opportunity for people-leaders to learn about the importance of having courageous conversations and gain competencies that can be applied at work. Participants will be guided to discuss barriers, share experiences, and brainstorm strategies and solutions.

Lin Yu, Occupational Health and Safety Specialist

Lin Yu is an occupational health and safety specialist at the Canadian Centre for Occupational Health and Safety (CCOHS). With a variety of experiences in health and safety, Lin has worked on everything from occupational hygiene assessments to safety climate research. Lin uses her skills to provide workplace health and safety guidance and good practices to employers, workers, and the public. She is involved in the creation of many of CCOHS' educational and reference materials on topics including workplace mental health, workplace impacts of climate change, and the health and safety of emerging technologies. Lin is a CMHA Certified Psychological Health and Safety Advisor. She received her Bachelor of Applied Science in Occupational Health and Safety from the Toronto Metropolitan University and holds an Honours Bachelor of Science in Health and Disease from the University of Toronto.



FRIDAY PRESENTER



Reanne Pernitsky

Friday, June 14, 2024 - Room 1

3:30 pm - 4:30 pm

Change Highlights: Noise Exposure - Part 16 of the OHS Code

This session will provide an overview of some of the key updates to the OHS Code (Noise exposure Part 16) effective March 31, 2023. Noise is a workplace hazard that can cause permanent hearing loss and can also be a safety hazard by preventing workers from being able to hear alarms and other important communications. Part 16 of the OHS Code covers requirements intended to protect workers from exposure to occupational noise hazards.

Clarity will be provided regarding some of the key changes including: noise exposure assessments, introduction of fit testing of hearing protection devices, and classifications of audiometric results. Audiometric testing is now required to be completed in accordance with CSA Standard Z107.6:16 (R2020), Audiometric testing for use in hearing loss prevention programs. The updates to OHS Code required workplaces and service providers to revise their previous noise management programs.

LDr. Reanne Pernitsky, AuD.

Reanne is a registered audiologist with the Alberta College of Speech-Language Pathologists and Audiologists. She has her Doctor of Audiology degree from A.T. Still University and has over 18 years of experience in the clinical, educational and industrial settings. Reanne has provided occupational consultative services including training audiometric technicians, reviewing audiograms, and supporting hearing conservation audits. Through her company, Peak Audiology Inc, Reanne has always been passionate about supporting nurses, audiometric technicians and educating workers about their hearing health. Peak Audiology Inc. is committed to health promotion, injury prevention and legislative compliance. Reanne also currently works as an educational audiologist in multiple school districts within the Edmonton area and focuses on auditory access for children 3 - 20 years of age and is a Deaf/Hard of Hearing (DHH) Specialist for the Alberta Education Provincial Low Incidence team.



FRIDAY PRESENTER

Friday, June 14, 2024 - Room 2

3:30 pm - 4:30 pm

Building Workplace Resiliency



Susan Sawatzky

Many of us spend a lot of time, energy, and money ensuring we stay physically fit. But how often do we focus on our mental fitness? In today's world where workforce shortages can lead to high stress and burnout in existing employees, employers often struggle to attract and retain top talent. No wonder amidst a tight labour market, Canadian employers ranked employee mental health as one of their top 3 concerns.



Browyn Sawatzky

This mental health presentation is designed to empower you with valuable insights and tools to support your employees' mental well-being. Addressing mental health concerns in the workplace is not only a compassionate gesture; it's a smart business move. In this presentation, we will learn strategic approaches to proactively support employees in enhancing their mental health and well-being. It aims to equip you with the knowledge and tools necessary to promote mental health and fitness in your workplaces.

Susan Sawatzky, MA Ind. Psych., B. Ed, CRSP Cert Psych H&S Adv

Susan is the President of In-Scope Solutions, a consulting company that specializes in 'The People Part of Safety and Health'. Susan is an instructor with the U of A, U of C, & UNB. She is an international speaker and keynote conference presenter and has presented at a variety of conferences and organizations including several presentations for NASA (the National Aeronautics and Space Administration).

Browyn Sawatzky, BA Comm.

Browyn is a Communication and Training Consultant at In-Scope Solutions, where she specializes in training, educating, marketing and media. She has worked with an assortment of industries and clients across the United States and Canada. Browyn has gained a reputation as a top-quality presenter who provides engaging content and has demonstrated a strong ability to connect with audiences of all levels.



WINE & CHEESE RECEPTION

4:30 pm to 6:30 pm

Indulge in an evening of networking at the AOHNA 2024 Conference's Wine & Cheese Reception.

It's not just about the food and drinks; it's about connecting with awesome people like you!

Imagine chatting with colleagues, making new friends, and exploring the latest and greatest at our vendor tradeshow. Plus, who knows what exciting opportunities await when you mingle with industry pros?

Don't miss out on this chance to expand your network, have fun, and maybe even discover your next big thing at the AOHNA 2024 Wine & Cheese Reception!



SATURDAY WORKSHOP

Saturday, June 15, 2024 - Room 1

10:00 am - 12:30 pm

Psychological Injuries in the Workplace



Erin Eden

You are familiar with how best to care for your workers following a physical injury, but you may have questions on how to support a safe and timely return-to-work for a worker who is coping with a psychological injury. This seminar will cover WCB policy and legislation related to psychological injuries, the claims decision making process, psychological injury treatment, and how to successfully support your workers through recovery.

This seminar was created for small- to mid-size employers, or employers who are new to WCB although we welcome all employers to attend. Our aim is to increase understanding of mental health injuries in the workplace.

What you will learn:

- Common psychological diagnoses.
- Key legislation and policies.
- How to support a safe and timely return-to-work.
- Tools and best practices.
- The assistance WCB can provide.
- Where to find additional support.

Erin Eden, Industry Specialist at WCB - Alberta

Erin is an industry specialist in the Industry Support with WCB-Alberta. In her 16 years with WCB, Erin has worked directly with injured workers in active claims management roles and has spent the last 10 years working as a consultant and educator for employers. This gives her a unique lens in being able to understand the needs of both the employer and the injured worker. Her current portfolio includes industries such as forestry, roadbuilding and heavy construction, education and health care.



SATURDAY WORKSHOP



Simone Fortier

Saturday, June 15, 2024 - Room 2

10:00 am - 12:30 pm

Healing Minds: Protocols for Managing & Alleviating Persistent MTBI, ADHD & Trauma Symptoms

Join me for an empowering workshop designed exclusively for occupational nurses, "Healing Minds— Protocols for Alleviating Persistent Symptoms of mTBI, ADHD, and Trauma." My program addresses the critical challenges you face daily in managing patients with long-standing symptoms and mental health issues stemming from mild Traumatic Brain Injury (mTBI), Attention Deficit Hyperactivity Disorder (ADHD), and Trauma.

This workshop introduces groundbreaking approaches to brain health, combining Brain Health Assessment, Brain Nutrition Protocol, and Manual Treatment through Dynamic Brain Healing. I will delve into the intricate relationship between brain nutrition and symptom resolution and management, providing you with a scientifically backed protocol to enhance patient outcomes. By integrating our scientifically-backed protocols, you can offer new hope and improved patient outcomes. Join me to elevate your care strategies and make a lasting difference in the lives of those you serve.

Simone Fortier, BSc, BA, ND Candidate, Manual Therapist

Simone Fortier, a renowned researcher, author, therapist, and visionary with 30 years of experience, is soon the best-selling author in the book "Rise Up" she co-authored alongside the esteemed Lisa Nichols. With expertise spanning clinical trials on brain nutrition, innovative healing programs, and transformative therapy for professional athletes and healthcare practitioners, Simone's work stands at the forefront of healing and personal transformation. As an International Trainer, Teacher, Author, and ADHD Consultant, Simone's groundbreaking approaches have transcended traditional therapies, earning global acclaim for her work with conditions like trauma, concussion symptoms, mTBI, ADHD, and chronic pain. Her passion is to offer hope and solutions to those who have been dismissed.



SATURDAY WORKSHOP

Saturday, June 15, 2024 - Room 1

2:00 pm - 4:30 pm

Strategic Approach to Fatigue Risk Management



Susan Sawatzky



Browyn Sawatzky

Fatigue is a significant concern for employees, particularly those engaged in demanding and high risk tasks. Shift workers in particular often face irregular schedules and long hours, which can disrupt their circadian rhythms and lead to sleep deprivation. This fatigue can impair their cognitive function, reaction times, and decision-making abilities, putting both their safety and the public's safety at risk. This workshop will be designed to empower AOHNA's members by providing them with skills and knowledge needed to increase their understanding fatigue management in their own organizations. Attendees of this workshop will better understand the risks fatigue creates in a workplace and will be provided practical strategies and tools to better manage fatigue with their workplace.

Susan Sawatzky, MA Ind. Psych., B. Ed, CRSP Cert Psych H&S Adv

Susan is the President of In-Scope Solutions, a consulting company that specializes in 'The People Part of Safety and Health'. Susan is an instructor with the U of A, U of C, & UNB. She is an international speaker and keynote conference presenter and has presented at a variety of conferences and organizations including several presentations for NASA (the National Aeronautics and Space Administration).

Browyn Sawatzky, BA Comm.

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SATURDAY WORKSHOP

Saturday, June 15, 2024 - Room 2

2:00 pm - 4:30 pm

***Complex Disability Case Management:
Unravelling Our Role***



Shelly Bischoff

The interactive workshop will address the challenges faced by occupational health nurses in managing complex disability files. It will provide practical strategies for navigating barriers posed by employers, employees, unions, including combinations of them. Through a facilitated case study, participants will have the opportunity to work through each phase of the management process, fostering a deeper understanding and the development of effective approaches.

Participants will receive a template for proactively assessing barriers and strategies at the intake of disability files to enhance their ability to anticipate and address challenges effectively. This structured approach can help streamline the management process and empower occupational health nurses to develop tailored strategies from the outset, ultimately improving outcomes for all stakeholders. Come ready to enjoy networking with your peers and learning together how to approach this challenging element of our practice!

Shelly Bischoff, RN, OHNC, COHN(C), CPHR CHSC

Shelly Bischoff brings a wealth of experience and expertise to the field of occupational health consulting. With almost three decades of experience, Shelly has established herself as a consultant, speaker, educator, and facilitator supporting workplaces. Her diverse skill set, encompassing roles such as a Registered Nurse, Canadian Certified Occupational Health Nurse, Canadian Chartered Professional in Human Resources, Certified Health & Safety Consultant, and CMHA Psychological Health & Safety Practitioner, and Fearless Certified Practitioner, showcases her commitment to a holistic approach to workplace well-being. Shelly's passion lies in creating conditions for psychological safety to foster high-performance collaboration within organizations. She specializes in occupational health, psychological health and safety, and cultural engagement, addressing the unique needs of each workplace.



REGISTRATION

Registration cost includes breakfast, breaks, lunches and the Wine & Cheese Reception

Early Bird Registration - Register by May 20, 2024

AOHNA Members - \$350.00 + GST

Non-Members - \$575.00 + GST

Regular Registration - Last Day to Register is June 1, 2024

AOHNA Members - \$450.00 + GST

Non-Members - \$675.00 + GST



REGISTER NOW

Hotel Bookings

Last Day to Book: Tuesday, May 14, 2024

Delta Hotels Edmonton South Conference Centre for \$139 + taxes per night

Book your room through this link:

<https://www.marriott.com/events/start.mi?id=1693335786851&key=GRP>



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www.aohna.org E: coordinator@aohna.org



SPONSORSHIP OPPORTUNITIES AVAILABLE

To see all the sponsorship options and sign up, please click
this link:

[Sponsor the 2024 AOHNA Conference](#)